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# IMMUNE TOLERANCE INDUCTION IN THE ERA OF EMICIZUMAB – STILL THE FIRST CHOICE FOR PATIENTS WITH HAEMOPHILIA A AND INHIBITORS?

Dr. Katharina Holstein, MD<sup>1</sup>; Prof. Sandra Le Quellec, MD, PhD<sup>2</sup>; Dr. Robert Klamroth, MD, PhD<sup>3</sup>; Dr. Angelika Batorova, MD, PhD<sup>4</sup>; Prof. Pål Andre Holme, MD, PhD<sup>5</sup>; Dr. Victor Jiménez-Yuste, MD, PhD<sup>6</sup>; Prof. Jan Astermark, MD, PhD<sup>7</sup>

## **SELECTED HIGHLIGHTS**

<sup>1</sup> II. Medical Department, University Medical Center Hamburg-Eppendorf, Hamburg, Germany; <sup>2</sup> Unité d'hémostase Clinique - Hôpital Cardiologique Louis Pradel - Hospices Civils de Lyon, Lyon, France; <sup>3</sup> Department for Internal Medicine – vascular medicine and coagulation disorders at the Vivantes Hospital im Friedrichshain, Berlin, Germany; <sup>4</sup> National Hemophilia Centre, Dept. of Hematology and Transfusion Medicine, Faculty of Medicine of Comenius University and University Hospital, Bratislava, Slovakia; <sup>5</sup> Department of Haematology, Oslo University Hospital and Institute of Clinical Medicine, Faculty of Medicine, University of Oslo, Oslo, Norway; <sup>6</sup> Servicio de Hematología, Hospital Universitario La Paz, Paseo de la Castellana, Autónoma University, Madrid, Spain; <sup>7</sup> Department for Translational Medicine, Lund University and Department for Hematology Oncology and Radiation Physics, Skåne University Hospital, Malmö, Sweden

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### FUNDING AND CONFLICT OF INTEREST



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### BACKGROUND



- The development of inhibitors to factor VIII (FVIII) is a serious complication of clotting factor replacement therapy associated with increased morbidity and mortality<sup>1</sup>
  - Inhibitors occur in around 1 in 3 previously untreated patients with severe haemophilia A (HA) and less than 1 in 4 patients with mild/moderate HA
- According to guidelines patients with inhibitors should have access to immune tolerance induction (ITI) for eradication of inhibitors and to suitable haemostatic agents at specialized centres<sup>2</sup>
  - Interventions can be limited by reimbursement and challenges to adherence
- The European Haemophilia Therapy Strategy Board conducted surveys on inhibitor management in Europe in 2004 and 2012<sup>3,4</sup>
- The European Collaborative Haemophilia Network (ECHN) conducted a follow-up survey in late 2020/early 2021 to determine:<sup>1</sup>
  - Whether ITI is still used in the routine management of patients with HA with inhibitors
  - Which ITI dosing regimens are currently used, and in which patients
  - Whether the availability of emicizumab has influenced ITI treatment decisions

### **RESULTS:** DEMOGRAPHICS AND INHIBITORS INCIDENCE



- The survey was completed by ECHN members from **18 centres representing 17 countries** in the Europe/Middle East region between November 2020 and January 2021
- 18 respondents treated a total of 4,955 patients (3,723 adults and 1,232 children):
  - 2,055 (41.5%) with mild HA
  - 499 (10.1%) with moderate HA
  - 2,401 (48.5%) with severe HA
- **193 patients had inhibitors** at time of survey completion:
  - 22 (11.4%) with low-responding (LR) inhibitors: peak titre <5 Bethesda units (BU)/mL</li>
  - 112 (58.0%) with high-responding (HR) inhibitors: peak titre 5–200 BU/mL
  - 59 (30.6%) with very high-responding (VHR) inhibitors: >200 BU/mL
- Majority (93.3%) of patients with current inhibitors had severe HA



#### Patients with current inhibitors and ITI treatment performed

	All patients (n=193)	Mild/moderate HA (n=13)	Severe HA (n=180)
LR inhibitors, n	22	4	18
Received ITI	13	0	13
ITI failure	7	0	7
Ongoing ITI	6	0	6
HR inhibitors, n	112	9	103
Received ITI	61	3	58
ITI failure	46	3	43
Ongoing ITI	15	0	15
VHR inhibitors, n	59	0	59
Received ITI	42	0	42
ITI failure	31	0	31
Ongoing ITI	11	0	11

Data represents number of patients treated as reported by all respondents surveyed

#### ITI treatment in patients with ITI ongoing (all severe HA)

Dosing		LRª	HRª	VHR⁵
Less than daily	Total, N	6	7	11
	On emi, n (%)	1/6 (16.7)	6/7 (85.7)	4/11 (36.4)
	On BPA, n (%)	2/6 (33.3)	5/7 (71.4)	6/11 (54.6)
Daily up to 100	Total, N	0	3	0
	On emi, n (%)	-	0	-
10/ Kg/ udy	On BPA, n (%)	-	3/3 (100)	-
101–200 IU/kg/day	Total, N	0	2	0
	On emi, n (%)	-	0	-
	On BPA, n (%)	-	1/2 (50)	-
>200 IU/kg/day	Total, N	0	0	0

Respondents were able to select >1 response; data is missing for 3 patients No patients with mild/moderate haemophilia were treated with ongoing ITI <sup>a</sup> Data as reported by 14 respondents; <sup>b</sup> Data as reported by 17 respondents

BPA, bypassing agent prophylaxis; emi, emicizumab prophylaxis; HA, haemophilia A; HR, high responding; ITI, immune tolerance induction; IU, international units; LR, low responding; VHR, very high responding

Holstein K, et al. Haemophilia. 2021. DOI: 10.1111/hae.14470

### **RESULTS:**



### TREATMENT PATTERNS OF PATIENTS WHO DEVELOPED NEW INHIBITORS SINCE FEBRUARY 2018 AND SUCCESS RATES OF ITI

	Mild/moderate HA (n=6)		Severe HA (n=17)	
	LR	HR/VHR	LR	HR/VHR
Total, N <sup>a</sup> Age 0−3 years Age 4−18 years Age 19−60 years Age >60 years	3 0 0 2 1	3 0 2 0 1	5 4 1 0 0	12 9 2 1 0
Patients started on ITI overall, n/N (%)	1/3 (33.3) <sup>b</sup>	3/3 (100)	3/5 (60)	8/12 (66.7)
Started ITI immediately	0	2/3 (66.7)	3/5 (60)	7/12 (58.3)
Patients started on ITI + emi, n/N (%)	0	3/3 (100)	2/5 (40)	3/12 (25)
Started emi before ITI	0	0	0	1/12 (8.3)
Started emi at start of ITI	0	0	1/5 (20)	0
Started emi during ITI due to bleeds	0	3/3 (100)	1/5 (20)	1/12 (8.3)
Patients started on emi only, n/N (%)	1	0	1/5 (20) <sup>c</sup>	4/12 (33.3) <sup>d</sup>

<sup>a</sup> Data represents number of patients treated as reported by 15 respondents overall

<sup>b</sup> ITI was stopped and the treatment was switched to emi due to patient/caregiver preference

 $^{\rm c}$  Reasons for emi prophylaxis only: physician, patient, and caregiver preference

<sup>d</sup> Reasons for emi prophylaxis only: wait for better venous access in accordance with patient/caregiver preference; two preferred emicizumab over ITI, two chose this approach because of expected low probability of ITI success

# **RESULTS:** APPROACH TO A NEW PATIENT WITH INHIBITORS





#### Reasons for starting emicizumab prophylaxis without ITI<sup>a</sup>



<sup>a</sup> Figure represents responses from a total of 17 respondents overall; respondents were able to select more than one response

d, day; FVIII, factor VIII; HA, haemophilia A; HR, high responding; ITI, immune tolerance induction; IU, international units; IS, immunosuppression; LR, low responding Holstein K, et al. Haemophilia. 2021. DOI: 10.1111/hae.14470

### **RESULTS:** APPROACH TO A PATIENT WITH INHIBITORS

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- The treatment approach to **children and adults** with new inhibitors was **similar**
- In the **first line**, around two-thirds of respondents would prefer **the current product** over a VWF-containing product
- In adults with long-standing inhibitors, more than two-thirds of respondents would prefer a VWF-containing product
- 40% of respondents would use a central line for ITI
- Half of respondents reported a maximum duration of ITI (12–36 months); the other half did not limit ITI duration
- All respondents indicated that they would give **prophylaxis during ITI**, with initiation guided by bleeding patterns
  - More than three-quarters (77%) would use emicizumab prophylaxis





<sup>a</sup> Data represents number of respondents from a total of 16 respondents overall. Respondents were able to indicate more than one response aPCC, activated prothrombin complex concentrate; FVIII, factor VIII; ITI, immune tolerance induction; VWF, von Willebrand factor Holstein K, et al. Haemophilia. 2021. DOI: 10.1111/hae.14470

### DISCUSSION



#### Comparison with the 2016 survey

- A greater proportion of patients with current inhibitors were treated with ITI: 60% from 2018–2021 vs ~45% from 2002–2012
- A trend towards lower ITI dosing was observed:
  - Less than daily dosing was used in 83% of ongoing ITI and 69% of ITIs performed overall from 2018–2021
  - A regimen of <50 IU/kg/day was used in 11.5% of ongoing ITI and 31% of ITIs performed overall from 2002–2012</li>

This is the largest study of its kind to date, and the first since emicizumab was approved in 2018

- All respondents indicated that they would initiate prophylaxis during ITI; results show a strong **preference for emicizumab in this setting** when available and reimbursed
- In patients failing a first ITI attempt, there is increasing acceptance of emicizumab prophylaxis

#### Unmet needs

- Consensus on the first-line standard of care
- An approach to ITI failure in patients with VHR inhibitors
- Impact of cost and availability use of novel products
- ITI in mild/moderate HA

HA, haemophilia A; ITI, immune tolerance induction; IU, international units; VHR, very high responding Holstein K, et al. Haemophilia. 2021. DOI: 10.1111/hae.14470

### **CONCLUSIONS**





ITI, immune tolerance induction Holstein K, et al. Haemophilia. 2021. DOI: 10.1111/hae.14470 REACH HEMOSTASIS CONNECT VIA TWITTER, LINKEDIN, VIMEO & EMAIL OR VISIT THE GROUP'S WEBSITE hemostasisconnect.cor2ed.com



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Email antoine.lacombe @cor2ed.com



Hemostasis CONNECT Bodenackerstrasse 17 4103 Bottmingen **SWITZERLAND** 

#### Dr. Froukje Sosef MD



 $\sim$ 

+31 6 2324 3636

froukje.sosef@cor2ed.com

#### Dr. Antoine Lacombe Pharm D, MBA



+41 79 529 42 79



antoine.lacombe@cor2ed.com



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