

POWERED BY COR2ED

# IS THERE A DIFFERENCE IN LIVER CANCER RATES IN PATIENTS WHO RECEIVE TREATMENT FOR HEPATITIS?

**Dr. Sammy Saab** 

David Geffen School of Medicine, Los Angeles, USA

**April 2018** 

### **DISCLAIMER**



#### Please note:

The views expressed within this presentation are the personal opinion of the author. They do not necessarily represent the views of the author's academic institution or the rest of the HCC CONNECT group

### HEPATOCELLULAR CARCINOMA (HCC)



- Fifth most common solid tumor in the world<sup>1</sup>
  - Second most common cause of death from cancer worldwide<sup>2</sup>
  - Estimated to be responsible for nearly 746,000 deaths in 2012<sup>2</sup>
- Hepatobiliary cancer is the fifth most common cause of cancer-related death in the United States among males<sup>3</sup>
  - In 2017, it was estimated that there would be 40,710 new cases of liver and intrahepatic bile duct cancer and an estimated 28,920 people would die of this disease<sup>4</sup>

## CIRRHOTIC LIVER DISEASE: MAJOR RISK FACTOR FOR HCC



### Major risk factors in the US for developing HCC1:

- Hepatitis C virus
  - Based on CDC estimates, at least 3.5 million persons are living with HCV infection in the United States<sup>2</sup>
- Hepatitis B virus
  - There are 850,000 HBV-infected persons in the US<sup>3</sup>
  - Non-Hispanic Asians have 10-fold greater prevalence than the general population<sup>3</sup>
- Alcoholic cirrhosis, NASH

### NATURAL HISTORY OF COMPENSATED HCV CIRRHOSIS: A 17-YEAR COHORT STUDY (N=214)



Complication	Total %	Annual rate %
Death	35	4.0
HCC*	32	3.9
Ascites	23	2.9
Jaundice	17	2.0
GI bleed	6	0.7
Encephalopathy	1	0.1

<sup>\*</sup>HCC was the main cause of death (44% of deaths) and the first complication to develop (27% of patients)

### POOR PROGNOSIS FOR PATIENTS WITH HCC



- Usually slow growing tumor with long latency<sup>1</sup>
  - Usually diagnosed at advanced stage
- Limited medical therapies<sup>1</sup>
  - Surgical resection, liver transplantation, local ablation
  - Systemic chemotherapy

5-year survival rates by stage at diagnosis, 1996-2002 <sup>2</sup>				
Liver cancer	All stages	Local	Regional	Distant
Liver cancer	10.5%	21.9%	7.2%	3.3%

### **EARLY DIAGNOSIS OF HCC**



- Surveillance with ultrasound every 6 months for detection of early HCC is recommended in cirrhotic patients and other specific risk groups
- Accurate diagnosis of small liver nodules is of paramount importance
  - Dynamic radiological behavior (contrast up-take in arterial phase, rapid wash out in venous/late phase) utilized in early HCC in cirrhotic patients
  - Pathological diagnosis of small nodules is challenging even in expert hands — tissue markers might standardize diagnosis

### TARGETED SURVEILLANCE FOR HCC



#### **Hepatitis B carriers**

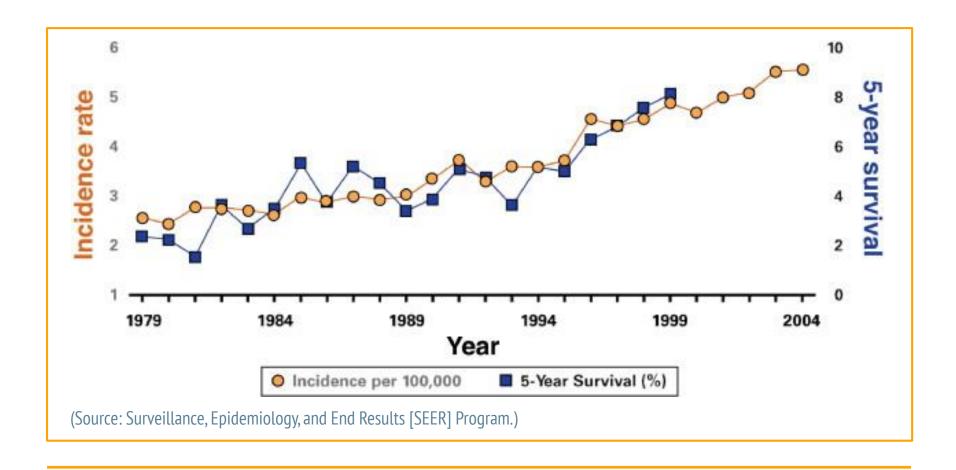
- Asian males ≥ age 40
- Asian females ≥ age 50
- Patients with cirrhosis
- Family history of HCC
- Africans > age 20
- High HBV DNA

### Non-hepatitis B cirrhosis

- Hepatitis C
- Alcoholic cirrhosis
- Genetic hemochromatosis
- Primary biliary cirrhosis
- Other (? efficacy)
  - A1AT deficiency
  - NAFLD
  - Autoimmune hepatitis
- Surveillance for HCC should be with ultrasound at 6 to 12 month intervals; AFP is not adequate

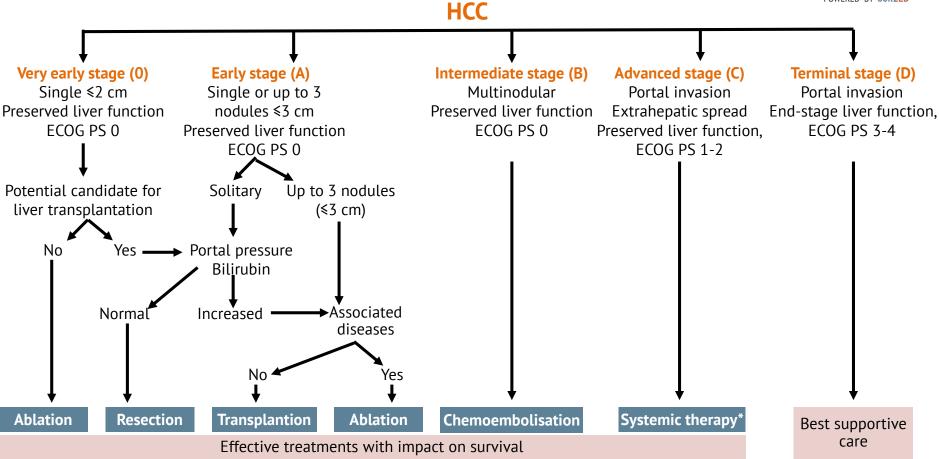
## PRIMARY LIVER CANCER: AGE-ADJUSTED INCIDENCE RATES AND 5-YEAR SURVIVAL RATES, 1979–2004





### STAGING STRATEGY AND TREATMENT FOR PATIENTS WITH HCC





Surgical treatments: applicable overall to 10% to 15% of HCC at first diagnosis and 2% to 5% of recurrent HCC

Nonsurgical treatments: applicable overall to 65% to 75% of HCC at first diagnosis and 50% to 70% of recurrent HCC

\*Currently, sorafenib followed by regorafenib has been shown to be effective. Lenvatinib has been shown to be non- inferior to sorafenib, but no 2<sup>nd</sup>-line option after lenvatinib has been explored. HCC, HepatoCellular Carcinoma; PEI/RF, Percutaneous Ethanol Injection/RadioFrequency Ablation; PST, Performance Status Test; RCT, Randomized Clinical Rrial; TACE, TransCatheter Arterial Chemoembolization. Forner A et al. *Lancet* 2018; January 4, 2018 http://dx.doi.org/10.1016/S0140-6736(18)30010-2

## HCC SCREENING AND SURVEILLANCE: IT'S NOT WORKING



- Rates of surveillance remain dismally low
  - Less than 30% nationwide in patients with cirrhosis
  - Better among patients followed by specialists, but only 20-40% of cirrhotics are followed by GI/Hepatology
- Most liver cancers are still diagnosed at advanced stage
- Diagnosis of cirrhosis is poor: nearly 40% of those diagnosed with HCC did not have previously recognized liver disease

### WHY THE LACK OF ADHERENCE TO SURVEILLANCE?



### **Among Providers**?<sup>1,2</sup>

- Inadequate knowledge
- Provider forgetfulness
- Time constraints in clinic
- Provider fatigue
- Lack of financial incentive
- Competing health problems
- Mistrust in ultrasound imaging
- Patient fatigue

### **Among Patients?**<sup>3</sup>

- This doesn't seem to be a big problem right now – >95% of patients complete HCC screening once ordered by their provider
- Lower screening rates associated with younger age, minority race, lower socioeconomic status
  - Is this due to lack of access?
  - Non-adherence?

## KNOW WHO TO SCREEN AND SURVEY WHO IS AT RISK?



High-risk groups for HCC in whom surveillance might be indicated.*				
Cirrhosis	HCC risk per year			
Hepatitis C (HCV)	2-7%			
Hepatitis B (HBV)	3-5%			
Genetic hemochromatosis	NA			
Primary biliary cirrhosis (PBC)	2-3%			
Non-alcoholic steatohepatitis (NASH)	NA			
Alpha-1 antitrypsin deficiency, autoimmune hepatitis	NA			
HBV without cirrhosis				
<ul> <li>Asian males &gt;40 years of age</li> </ul>	0.4-0.6			
<ul> <li>Asian females &gt;50 years of age</li> </ul>	0.3-0.6			
Africans >20 years of age	NA			
<ul> <li>Family history of HCC</li> </ul>	NA			

<sup>\*</sup>Estimates of the annual HCC risk are also provided where reliable data are available

## SURVEILLANCE GUIDELINES FOR HIGH-RISK PATIENTS

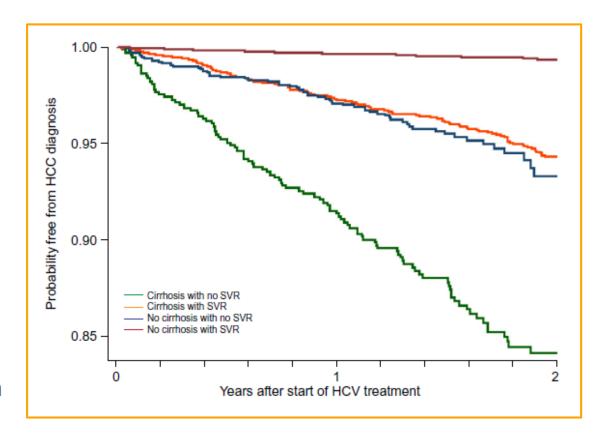


Society/institution	Guidelines
AASLD <sup>1</sup> American Association for the Study of Liver Diseases	US every 6 months
EASL <sup>2</sup> European Association for the Study of the Liver	US every 6 months
APASL <sup>3</sup> Asian-Pacific Association for the Study of the Liver	AFP + US every 6 months
NCCN <sup>4</sup> National Comprehensive Cancer Network	US +/- AFP every 6 months
VA <sup>5</sup> United States Department of Veterans Affairs	AFP + US every 6-12 months

## KAPLAN-MEIER CURVES OF SURVIVAL FREE OF HCC BY CIRRHOSIS AND SVR STATUS AFTER DAA-ONLY ANTIVIRAL TREATMENT

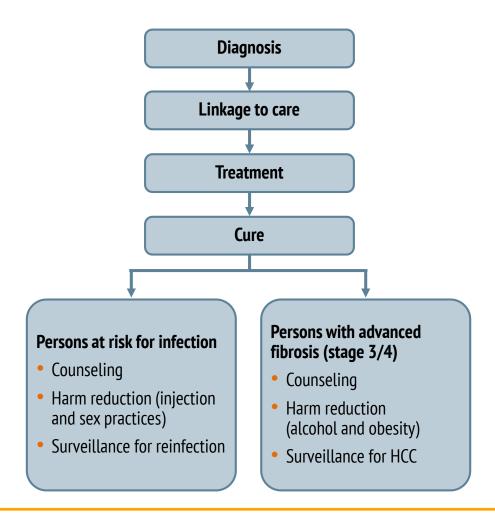


- DAA-induced SVR is associated with a 71% reduction in HCC risk
- SVR is associated with a similar reduction in HCC risk no matter what regimen is used to achieve it
- Treatment with DAAs is not associated with increased HCC risk compared with interferon



### **EXTENDED HEPATITIS C CARE CONTINUUM**







**HCC CONNECT** Bodenackerstrasse 17 4103 Bottmingen **SWITZERLAND** 

Dr. Antoine Lacombe Pharm D, MBA Phone: +41 79 529 42 79 antoine.lacombe@cor2ed.co

Dr. Froukje Sosef MD Phone: +31 6 2324 3636 froukje.sosef@cor2ed.com

