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## PRACTICAL CONSIDERATIONS AROUND THE USE OF TPO-RAS IN ITP

## AN INDEPENDENT, CME-ACCREDITED SYMPOSIUM 20 July 2021

ITP, immune thrombocytopenia; TPO-RA, thrombopoietin receptor agonist

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## **TODAY'S FACULTY**







Hanny Al-Samkari

Massachusetts General Hospital & Harvard Medical School, Boston MA, USA



Østfold Hospital & University of Oslo, Norway

### **EDUCATIONAL OBJECTIVES**





Understand the role of TPO-RAs in the treatment of chronic ITP in adults

Review all practical considerations, including:

- When to start treatment
- Administration
- Safety
- Efficacy and how to monitor it
- Adjusting treatment
- Long-term remission and tapering

## **TODAY'S PROGRAMME**



**Initiation of treatment for ITP Hillary Maitland Practical considerations around choosing a TPO-RA** Hanny Al-Samkari Long-term use of a TPO-RA: safety and disease remission ▦ Waleed Ghanima Q&A



## **INITIATION OF TREATMENT FOR ITP**

## Hillary Maitland, MD

University of Virginia, Charlottesville, VA, USA

## DISCLOSURES



• Grants/honoraria from Sanofi and Sobi





- Ms. L is a 39-year-old female without significant past medical history who presents to the emergency department with **nose and gingival bleeding**
- She reports that the **bruising** started 4-5 days prior
- Then she began to have **nose bleeds and gum bleeding**
- She has never had similar symptoms in the past





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WBC count, × 10 <sup>9</sup> /L	5.6
Haemoglobin, g/dL	12.4
Platelet count, × 10 <sup>9</sup> /L	26







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WBC count, × 10 <sup>9</sup> /L	5.6
Haemoglobin, g/dL	12.4
Platelet count, × 10 <sup>9</sup> /L	26
TSH	normal limits
Hepatitis B/C, HIV	negative



## **INITIAL TREATMENT OF ITP**





Anti D, anti-D immunoglobulin; ITP, immune thrombocytopenia; IVIG, intravenous immunoglobulin Neunert C, et al. Blood Adv. 2019;3(23):3829-66

## **DEXAMETHASONE OR PREDNISONE?**





HD-DXM, high-dose dexamethasone; PDN, prednisone Wei Y, et al. Blood. 2016;127(3):296-302 CASE





- Start 1 mg/kg prednisone
- Platelets normalise so we start a slow taper

CASE





Days

## **SECOND-LINE THERAPY**





ASH, American Society of Hematology; TPO-RA, thrombopoietin receptor agonist 1. Neunert C, et al. Blood Adv. 2019;3(23):3829-66

## **SECOND-LINE THERAPY**





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### **RITUXIMAB**





## **SECOND-LINE THERAPY**







	Pro	Con
Romiplostim	Cost (+/-) 个 Monitoring	Subcutaneous injection Platelet variability
Eltrombopag	Oral ↓ Bleeding	Food restriction Hepatotoxicity
Avatrombopag	Oral No food-type restriction	Headache Newer drug



	Starting Dose	Titration	Max/Min dose
Romiplostim	1 μg/kg/week (label) 3 μg/kg/week (realistic) 5 μg/kg/week (severe)	Adjust 1 µg/kg weekly	10 μg/kg/week 1 μg/kg/week
Eltrombopag	50 mg daily 25 mg daily (Asian patients)	Assess CBC weekly and LFTs every 2 weeks, adjust by 25 mg Consider intermittent dosing	75 mg/day (150 mg approved for AA) 12.5 mg/day
Avatrombopag	20 mg daily	Assess CBC weekly, adjust by 20 mg	40 mg/day 20 mg/week

AA, aplastic anaemia; CBC, complete blood count; LFT, liver function test

Al-Samkari H, et al. Ther Adv Hematol. 2019;10:2040620719841735; Nplate (romiplostim) prescribing information; Promacta (eltrombopag) prescribing information; Doptelet (avatrombopag) prescribing information



## PRACTICAL CONSIDERATIONS AROUND CHOOSING A TPO-RA

## Hanny Al-Samkari, MD

Massachusetts General Hospital & Harvard Medical School, Boston, MA, USA

TPO-RA, thrombopoietin receptor agonist

## DISCLOSURES



• Grants/honoraria from Agios, Amgen, Argenx, Dova, Rigel, Novartis and Sobi

## **MECHANISM OF ACTION OF ITP THERAPIES**



BTK, Bruton tyrosine kinase; FcRn, neonatal Fc receptor; ITP, immune thrombocytopenia; IVIG, intravenous immunoglobulin; TPO-RA, thrombopoietin receptor agonist Al-Samkari H, et al. Semin Thromb Hemost. 2020;46(3):275-88

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## THE THROMBOPOIETIN RECEPTOR AGONISTS (TPO-RA)



	Romiplostim	Eltrombopag	Avatrombopag	Lusutrombopag	
Molecular structure	Peptide	Small molecule	Small molecule	Small molecule	
TPO receptor site of action	Extracellular domain	Transmembrane domain	nembrane Transmembrane in domain		
Route of administration	Subcutaneous	Oral	Oral	Oral	
Dosing frequency <sup>a</sup>	Weekly	Daily	Daily	Daily	
Relevant food interactions	N/A	Yes	No	No	
Current indications	<ul> <li>ITP (adults and children)</li> </ul>	<ul> <li>ITP (adults and children)</li> <li>Hepatitis C-associated thrombocytopenia</li> <li>Severe aplastic anaemia</li> </ul>	<ul> <li>ITP (adults)</li> <li>Periprocedural thrombocytopenia in CLD patients</li> </ul>	<ul> <li>Periprocedural thrombocytopenia in CLD patients</li> </ul>	

<sup>a</sup>Per drug label

CLD, chronic liver disease; N/A, not applicable; TPO, thrombopoietin; TPO-RA, thrombopoietin receptor agonist Cheloff AZ, et al. J Blood Med. 2019;10:313-21

## **RANDOMISED TRIALS EVALUATING TPO-RAS IN ADULT ITP**



Study	Treatment (N)	Location	Study population	Major results (compared with placebo/standard of care)
Bussel	Eltrombopag N=76 Placebo N=38	Worldwide (63 sites)	ITP for ≥6 months; plt <30 × 10 <sup>9</sup> /L 36% splenectomised	Significantly higher rate of platelet response <sup>a</sup> Significantly less bleeding
Cheng	Eltrombopag N=135 Placebo N=62	Worldwide (75 sites)	ITP for ≥6 months; plt <30 × 10 <sup>9</sup> /L 39% splenectomised	Significantly higher rate of platelet response <sup>a</sup> Reduced use of concomitant ITP medications Reduced need for rescue therapy
Tomiyama	Eltrombopag N=15 Placebo N=8	Japan	ITP for ≥6 months; plt <30 × 10 <sup>9</sup> /L 70% splenectomised	Significantly higher rate of platelet response <sup>a</sup> Significantly less bleeding Lower doses of eltrombopag effective in Japanese patients
Yang	Eltrombopag N=104 Placebo N=51	China	ITP for ≥12 months; plt <30 × 10 <sup>9</sup> /L 16% splenectomised	Significantly higher rate of platelet response <sup>a</sup>
Kuter	Romiplostim N=83 Placebo N=42 (2 parallel studies)	US and Europe	ITP for ≥12 months; plt <30 × 10 <sup>9</sup> /L 50% splenectomised	Significantly higher rate of platelet response <sup>a</sup> Reduced use of concomitant ITP medications
Kuter	Romiplostim N=157 Standard of care N=77	North America, Europe and Australia	ITP for ≥12 months; plt <50 × 10 <sup>9</sup> /L 0% splenectomised	Significantly higher rate of platelet response <sup>a</sup> Reduced use of concomitant ITP medications Lower rate of treatment failure Lower rate of splenectomy Significantly less bleeding and transfusions Significantly improved quality of life
Shirasugi	Romiplostim N=22 Placebo N=12	Japan	ITP for ≥6 months; plt ≤30 × 10 <sup>9</sup> /L 44% splenectomised	Significantly higher rate of platelet response <sup>a</sup> Reduced need for rescue therapy
Jurczak	Avatrombopag N=32 Placebo N=17	Europe, Asia, Africa and Australia	ITP for ≥12 months; plt <30 × 10 <sup>9</sup> /L 33% splenectomised	Significantly higher cumulative weeks of platelet response <sup>a</sup> Reduced use of concomitant ITP medications (not significant; small number of patients)

<sup>a</sup> Platelet response defined as a platelet count ≥50 × 10<sup>9</sup>/L at a given assessment on treatment with TPO-RA or placebo ITP, immune thrombocytopenia; Plt, platelets; TPO-RA, thrombopoietin receptor agonist Al-Samkari H, et al. Ther Adv Hematol. 2019;10:2040620719841735

## **CONSIDERATIONS FOR USE OF TPO-RA IN ITP**



- May be used after any disease duration but typically at least second line
- Response rates and AE profiles **similar in ITP <1 year and ITP >1 year**
- Decision primarily **TPO-RA vs. immunosuppressant** 
  - TPO-RAs have higher response rates
  - TPO-RAs may have higher thrombotic risk
  - Immunosuppressants increase infection risks (which can cause an ITP exacerbation)

### Administration

- Daily oral
- Weekly subcutaneous
- 2 to 4 infusions of rituximab
- Avoid eltrombopag in patients with **liver disease** (hepatotoxicity, portal vein thrombosis)

## **CASE, CONTINUED**

### **Platelet count after remission**





- Patient treated with rituximab initially, with effect
- However, relapse occurred 11 months later
- Eltrombopag was selected as the next treatment option
  - After initial retreatment with prednisone (current guidelines recommend against retreating with steroids)

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## **ROMIPLOSTIM AND ELTROMBOPAG DOSING IN ITP**



### Romiplostim

- Label says start 1 µg/kg/week, increase by 1 µg/kg/week
  - In my experience, this is too low, too slow for most patients
- What I do in clinical practice:
  - I start at 3 µg/kg/week (5 µg if severely thrombocytopenic) and do not hesitate to titrate by ≥2 µg/kg/week
  - I start at 10 μg/kg/week for clinical emergency
  - I do not hold doses for thrombocytosis unless Plt > 1 million; leads to less volatility

#### Eltrombopag

- Start 50 mg/day in all except East Asian descent, CLD, children 1-5 years who get 25 mg/day
- Technically 75 mg/day is max ITP dose, but in my experience, you can go higher (though scant evidence)
- Beware of plasma, skin, sclera changes with high dose; can interfere with bilirubin measurement
- Must monitor LFTs; consider iron chelation

CLD, chronic liver disease; ITP, immune thrombocytopenia; LFT, liver function test; Plt, platelets Al-Samkari H, et al. Ther Adv Hematol. 2019;10:2040620719841735; Nplate (romiplostim) prescribing information; Promacta (eltrombopag) prescribing information

## **REDDISH-BROWN DISCOLOURATION FROM ELTROMBOPAG**





## ENDOGENOUS TPO LEVEL MAY BE HELPFUL IN PREDICTING RESPONSE



TPO, thrombopoietin Al-Samkari H, et al. Am J Hematol. 2018 ;93(12):1501-8 THE HEART OF MEDICAL EDUCATION



### Avatrombopag dose levels for titration in patients with chronic ITP

Dose	Dose Level
40 mg once daily	6
40 mg three times a week AND 20 mg on the four remaining days of each week	5
20 mg once daily*	4
20 mg three times a week	3
20 mg twice a week OR 40 mg once weekly	2
20 mg once weekly	1

\* Initial dose regimen for all patients *except* those taking moderate or strong dual inducers or moderate or strong dual inhibitors of CYP2C9 or CYP3A4

## ALTERNATIVE INTERMITTENT ELTROMBOPAG DOSING IN ITP





ITP, immune thrombocytopenia; Plt, platelets; QOD, every other day Al-Samkari H, et al. Br J Clin Pharmacol. 2018;84(11):2673-7

## **ORAL TPO-RAs: ABSORPTION DIFFERENCES**



- Eltrombopag absorption severely impacted by consumption of fat or polyvalent cations (i.e. Ca2<sup>+</sup>, Mg2<sup>+</sup>, etc)
  - Reduces absorption of eltrombopag by >50%
  - Essentially requires a 4-hour fasted window around administration (or 6 hours if 50 mg Ca2<sup>+</sup> is consumed, present in a single serving of many dairy, grain, and vegetable products)
- Avatrombopag is taken with food, absorption is optimised when taken with food
- Given that patients frequently take TPO-RAs for years, this is **not a trivial issue** and initial dietary compliance not infrequently gives way over time

## SWITCHING BETWEEN ROMIPLOSTIM AND ELTROMBOPAG



### Publications reporting outcomes in patients with ITP who switched their TPO-RA therapy

Study	Number of patients R			Response rate after switching (%)		
	Romiplostim →eltrombopag	Eltrombopag →romiplostim	Total	Romiplostim →eltrombopag	Eltrombopag →romiplostim	Total
Gonzalez et al.	17	4	21	77	75	76
Lakhwani et al.	17	9	26	94	78	88
Cantoni et al.	59	47	106	-	-	65
Depre et al.	8	28	36	63	71	69
Gonzalez-Porras et al.	51	-	51	80	-	80
Mazza et al.	7	2	9	57	100	67
Mori et al.	-	1	1	-	100	100
Kuter et al.	44	42	86	-	-	-
Sartori et al.	1	-	1	100	-	100
Scaramucci et al.	1	2	3	100	50	67
Khellaf et al.	35	11	46	66	80	70
Meyer et al.	-	2	2	-	100	100
Nakazato et al.	-	1	1	-	100	100
Piccin et al.	-	1	1	-	100	100
Polverelli et al.	1	1	2	100	100	100
D'Arena et al.	2	-	2	100	-	100
Aoki et al.	-	1	1	-	100	100
Tsukamoto et al.	-	6	6	-	100	100
Total	243	158	401	76 (107/140)*	80 (55/69)*	78 (162/209)*

\* Overall response rates were not specified Kuter et al. and available only as a combined percentage in Cantoni et. al. These values were not included in the total calculation

ITP, immune thrombocytopenia; TPO-RA, thrombopoietin receptor agonist Gonzalez-Porras JR, et al. Ther Adv Hematol. 2019;10:2040620719837906

## 64-YEAR-OLD WOMAN TREATED SEQUENTIALLY WITH 3 TPO-RAs



Al-Samkari H, et al. Br J Haematol. 2018;183(2):168



## LONG-TERM USE OF A TPO-RA: SAFETY AND DISEASE REMISSION

## **Waleed Ghanima, MD, PhD** Østfold Hospital and University of Oslo, Norway

## DISCLOSURES



- Grants from Bayer, Pfizer/BMS
- Ad board/honoraria from Amgen, MSD, Novartis, Bayer, Pfizer, Principia, Sanofi and Sobi, UCB

# WHAT SIDE EFFECTS MAY WE EXPECT IN PATIENTS ON TPO-RA?

## **GENERAL SIDE EFFECTS**



- Reported in >5% of patients<sup>1-5</sup>
  - Headache (8-37%)
  - Upper respiratory tract infection/nasopharyngitis (7-19%)
  - GI symptoms
  - Arthralgia
  - Myalgia
- These adverse events were also reported in placebo arms
- Difference in time-adjusted rates

GI, gastrointestinal

1. Bussel J, et al. N Engl J Med. 2006;355:1672-81; 2. Kuter D, et al. Lancet. 2008;371:395-403; 3. Bussel J, et al. Lancet. 2009;377:641-8;

4. Cheng G, et al. Lancet. 2011;377:393-402; 5. Jurczak W, et al. Br J Haematol. 2018;183:479-90

## META-ANALYSIS: AE PROFILES ARE SIMILAR BETWEEN TPO-RAS AND CONTROL REGIMENS



#### Adverse events AEs were similar between the TPO-RA and control regimens (RR: 1.01, 95% CI: 0.92-1.10, p=0.913)



#### Severe adverse events The rates of severe AEs tended to be lower in the TPO-RA groups than in the control groups (RR: 0.74, 95% CI: 0.54-1.01, p=0.054)



## MORE SERIOUS SIDE EFFECTS OCCASIONALLY ENCOUNTERED IN PATIENTS TREATED WITH TPO-RAS



Transaminitis (eltrombopag)

Bone marrow fibrosis

## Thromboembolism

TPO-RA, thrombopoietin receptor agonist

### TRANSAMINITIS



Transaminitis occurs in up to 10%, especially on eltrombopag<sup>1-4</sup>

Mostly asymptomatic and reversible with dose interruption, reduction or discontinuation<sup>1,3,5</sup>

Occurs more in the first year, which justifies regular monitoring of liver enzymes<sup>2</sup>

Transaminitis does not seem to be a problem with avatrombopag<sup>6</sup>

1. Saleh M, et al. Blood. 2013;121:537-45; 2. Wong R, et al. Blood. 2017;130:2527-36; 3. PROMACTA (eltrombopag) prescribing information; 4. Ghanima W, et al. Haematologica. 2019;104:1112-23. 5. Grainger J, et al. Lancet. 2015;386:1649-58; 6. Jurczak W, et al. Br J Haematol. 2018;183(3):479-90

## IN PATIENTS WITH ITP RECEIVING ROMIPLOSTIM, BONE MARROW CHANGES WERE OBSERVED IN A SMALL PROPORTION OF PATIENTS



Phase 4, prospective, open-label, multicenter study evaluating changes in bone marrow reticulin and collagen in 169 patients with ITP receiving romiplostim.

Screening/ enrolment	Treatment		By Coh
BM biopsy within the previous year	Start romiplostim at 1 μg/kg weekly; target platelet count of 50-200 × 10 <sup>9</sup> /L	p visit	Bone m romiplo
Sequentially enrol	Return to clinic weekly (those self-	n-Mc	Biopsies
year	administering returned every 4 weeks)	Follo	Posi
(planned total of 150 patients)	BM biopsies and biomarker assays performed at year 1, 2, or 3		Patients (silver s
	Year 1 cohort		Incre colla
	Year 2 cohort		By exp
	Vear 3 cohort		Biopsies
			Posi
	All cohorts receive romiplostim for 3 years	ars	Patients (silver s
			Incre

#### Number of patients with reticulin or collagen present in BM biopsies

By Cohort	Cohort 1 (n=50)	Cohort 2 (n=50)	Cohort 3 (n=69)	Total (N=169)
Bone marrow biopsies after receiving romiplostim	39	40	58	137
Biopsies evaluable for collagen (trichrome stain)	35	39	58	132
Positive for collagen	0	0	2 (3.4%)	2 (1.5%)
Patients with biopsies evaluable for reticulin (silver stain)	34	39	58	131
Increase in reticulin by ≥2 grades excluding collagen	0	2 (5.1%)	5 (8.6%)	7 (5.3%)
By exposure at time of biopsy	1 year	2 years	3 years	Total
Biopsies evaluable for collagen (trichrome stain)	42	38	52	132
Positive for collagen	1 (2.4%)	0	1 (1.9%)	2 (1.5%)
Patients with biopsies evaluable for reticulin (silver stain)	41	38	52	131
Increase in reticulin by ≥2 grades excluding collagen	2 (4.9%)	1 (2.6%)	4 (7.7%)	7 (5.3%)

## **EFFECTS OF ELTROMBOPAG ON BM RETICULIN FORMATION**



Reticulin level at baseline and the 1- and 2-year assessments



Time on treatment

### **BONE MARROW FIBROSIS**



- Most patients' grade of fibrosis did not change or only slightly increased (MF-1 or Bauermeister <2) during treatment<sup>1</sup>
- Moderate increase in reticulin fibrosis (≥2 grades or ≥MF-2) occurred in <10% of patients<sup>2-4</sup>
- In the majority of patients both reticulin and collagen fibrosis regressed after discontinuation of TPO-RA<sup>1,3</sup>
- Usually, **no change** in number or morphology of **peripheral blood cells** is seen<sup>1,3,5,6</sup>
- There is **no consensus on whether/how to monitor** bone marrow fibrosis
  - No need for regular bone marrow biopsies
  - − If biopsy is done: MF-3  $\rightarrow$  discontinue; MF-2 continue + repeat biopsy

MF, myelofibrosis

1. Ghanima W, et al. Haematologica. 2014;99:937-44; 2. Wong R, et al. Blood. 2017;130:2527-36; 3. Brynes R, et al. Acta Haematol. 2017;137:66-72;

4. Jansens A, et al. Ann Hematol. 2016;95:1077-87; 5. Kim Y, et al. Blood Res. 2015;50:19-25; 6. Boiocchi L, et al. Mod Pathol. 2012;25:65-74



Study	Duration of follow-up	TPO arm	Comparison arm	Bomorka
Study	(weeks)	N/N (%)	N/N (%)	Remarks
Phase 2 and 3 studies				
Bussel et al. 2006 <sup>1</sup>	6	0/41 (0.0%)	1/4 (25%)	1 DVT
Kuter et al. 2008 <sup>2</sup>	24	2/83 (2.4%)	1/42 (2.4%)	1 VTE in each arm
Kuter et al. 2010 <sup>3</sup>	52*	6/154 (3.9%)	2/75 (2.7%)	11 events in 6 patients on romiplostim and 2 in SOC (P=0.07)
Long-term follow-up studie	s			
Kuter et al. 2013 <sup>4</sup>	110#	19/291 (6.5%)		16 ATE (0.04/100 p.w.) 9 VTE (0.03/100 p.w.)
Steurer et al. 2016 <sup>5</sup>	102**	7/340 (2.0%)		10 thrombotic events

\* 52-week long study and follow-up period of 6 months for patients who did not enter another romiplostim study;

<sup>#</sup>Mean duration of treatment

\*\* Duration of exposure

AT(E), arterial thromboembolism; DVT, deep vein thrombosis; p.w., patient-weeks; SOC, standard of care; TPO, thrombopoietin; VTE, venous thromboembolism 1. Bussel J, et al. N Engl J Med. 2006;355:1672-81; 2. Kuter D, et al. Lancet. 2008;371:395-403; 3. Kuter D, et al. N Engl J Med. 2010;363:1889-99; 4. Kuter D, et al. Br J Haematol. 2013;161:411-23; 5. Steurer M, et al. Eur J Haematol. 2017;98:112-20

## **VTE AND AT EVENTS IN ELTROMBOPAG STUDIES**



	Duration of follow-up	TPO-RA arm	Comparison arm			
Study	(weeks)	n/N (%)	n/N (%)	Remarks		
Phase 2 and 3 studies						
Bussel et al. 2007 <sup>1</sup>	6	0/88 (0.0%)	0/29 (0.0%)			
Bussel et al. 2009 <sup>2</sup>	6	0/76 (0.0%)	0/38 (0.0%)			
Cheng et al. 2011 <sup>3</sup>	26	3/135 (2.2%)	0/62 (0.0%)	3 VTE		
Long-term follow-up studies	S					
Bussel et al. 2013 <sup>4</sup>	_	0/65 (0.0%)				
Wong et al. 2017 <sup>5</sup>	123*	19/302 (6.3%)		24 events; 10 VTE (2.69/100 patient years)		

\* Median duration

AT, arterial thromboembolism; TPO-RA, thrombopoietin receotor antagonist; VTE, venous thromboembolism 1. Bussel J, et al. N Engl J Med. 2007;357:2237-47; 2. Bussel J, et al. Lancet. 2009;373:641-8; 3. Cheng G, et al. Lancet. 2011;377:393-402; 4. Bussel J, et al. Br J Haematol. 2013;160:538-46; 5. Wong RSM, et al. Blood. 2017; 130(23):2527-36

## **VTE AND AT EVENTS IN THE AVATROMBOPAG STUDY**



Study	Study duration (weeks)	TPO arm n/N (%)	Comparison arm n/N (%)	Remarks				
Phase 3 core study								
Jurczak et al. 2018 <sup>1</sup>	26	3/32 (10%)	0/17 (0.0%)	DVT (day 8), asymptomatic PE (day 154); cerebrovascular event (day 89)				
Phase 3 extension study								
Jurczak et al. 2018 <sup>1</sup>	104	1/39		Jugular vein thrombosis (day 335)				

Of the 4 patients, 3 had multiple risk factors for thromboembolic disease, with the reported events associated with platelet counts from  $39-271 \times 10^9$ /L and doses of avatrombopag from 10 to 40 mg.

### THROMBOEMBOLISM



#### **Thrombotic events in RCTs**

	TPO-	RA	Control Arm			Risk Ratio	Risk Ratio			N of events/	Rate (%)							
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95%	6 CI	Study ID	N of patients	(95% CI)							
Bussel 2006	0	17	1	4	8.3%	0.09 (0.00-1.94)			Almaguer 2014	0/12	0.0 (0.0-26.5)	_∎∔-						
Bussel 2007	1	30	0	29	7.7%	2.90 (0.12-68.50)			Bussel 2006 phase 1	0/24	0.0 (0.0-14.2)							
Bussel 2009	0	76	0	38		Not estimable			Bussel 2009	5/142	3.5 (1.2-8.0)	-						
Bussel 2011	0	17	0	5		Not estimable			Bussel 2013	0/66	0.0 (0.0-5.4)	■						
Bussel 2014	4	59	0	5	9.8%	0.90 (0.05-14.78)			Bussel 2015 cohort	0/22	0.0 (0.0-15.4)	∎						
Cheng 2011	3	135	0	62	8.8%	3.24 (0.17-61.84)			Grainger 2015 ext	0/79	0.0 (0.0-4.6)	∎∔						
Elalfy 2011	0	12	0	6		Not estimable			Janssens 2015	11/407	2.7 (1.4-4.8)	-						
Grainger 2015	0	63	0	29		Not estimable			Katsutani 2013	0/19	0.0 (0.0-17.6)	■						
lurczak 2018	3	32	0	17	9 1%	3 82 (0 21-69 88)			Kim 2015	0/18	0.0 (0.0-18.5)	_∎∔-				_		
Kutor 2008	1	02	1	42	10.1%	0.51 (0.02 7.80)			Kuter 2013	19/291	6.5 (4.0-10.0)							
Kuter 2008	1	83	1	42	10.1%	0.51 (0.03-7.89)	•		Newland 2016	1/75	1.3 (0.0-7.2)							
Kuter 2010	6	157	2	77	30.8%	1.47 (0.30-7.12)			Shirasugi 2012	1/44	2.3 (0.1-12.0)	-	-					
Shirasugi 2011	0	22	0	12		Not estimable			Steurer 2017	7/340	2.1 (0.8-4.2)		-					
Tarantino 2016	0	42	0	20		Not estimable			Tomiyama 2012 ext	0/23	0.0 (0.0-14.8)							
Tomiyama 2012	1	15	0	8	8.0%	1.69 (0.08-37.26)			Triphati 2014	0/25	0.0 (0.0-13.7)	<b>_</b>			_			
Yang 2017	1	104	0	51	7.6%	1.49 (0.06-35.84)			Wong 2017	19/302	6.3 (3.8-9.7)							
		964		405	100.0%	1 25 (0 52 2 00)			Overall		1.4 (0.5-2.7)	•						
		804		405	100.0%	1.25 (0.52-2.99)			Heterogeneity: p=0.008)	; I <sup>2</sup> = 46.1%								
lotal events	20		4															
Heterogeneity: Tau <sup>2</sup>	= 0.00; C	$hi^2 = 4.$	63, df = 8	3 (p=0.8	0); I <sup>2</sup> = 0%	6						⊢⊢				—	—	—
Test for overall effec	t Z = 0.50	0 (p=0.6	52)			0.01	0.1 1	10 100			Rate (%)	0	5	10	15	20	25	30
						Fa	vours TPO-RA Favou	urs Control										

### Thrombotic events in cohort studies

Incidence of arterial or venous thrombosis in patients treated with TPO-RA was 2.42%; RR 1.47 (95% CI, 0.61-3.53)

CI, confidence interval; df, degrees of freedom; M-H, Mantel-Haenszel statistic; RCT, randomised clinical trial; RR, risk ratio; TPO-RA, thrombopoietin receptor agonist Birocchi, S et al. Platelets. 2021;32(2):216-226

### THROMBOEMBOLISM



It seems that TPO-RAs increase the risk of VTE



Thrombosis during use of TPO-RAs is not related to:

- Type and dose of TPO-RA
- Duration of treatment
- Platelet count



## Individual risk profile should be considered when initiating treatment with TPO-RA

• Previous thromboembolism, splenectomy, presence of antiphospholipid antibodies and concomitant medications like oestroprogestinic preparations, and corticosteroids

## DOES THE PATIENT NEED TO CONTINUE ON TPO-RA INDEFINITELY?

## REMISSION AND PLATELET RESPONSES WITH ROMIPLOSTIM IN PRIMARY ITP: A PHASE 2 STUDY



- N=75
- Response achieved in 70 patients (93%)
- Remission observed in 24 patients (32%)



No significant predictors of remission identified

ITP, immune thrombocytopenia Newland A, et al. Br J Haematol. 2016;172:262-73

## PHASE 2 STUDY ON 2<sup>ND</sup>-LINE ELTROMBOPAG IN ADULTS WITH PRIMARY ITP, COR2ECT AIMING TO ACHIEVE SUSTAINED REMISSION OFF TREATMENT



### **Primary end-point: sustained remission off-treatment**

(proportion of responders that were able to taper and discontinue eltrombopag maintaining the response for 6 months)

AE, adverse event; CR, complete response; EOD, every other day; ITP, immune thrombocytopenia; PO, period of observation; SAE, serious AE; wk, week Lucchini E, et al. Br J Haematol. Published online Feb 22, 2021. doi: 10.1111/bjh.17334

## SUSTAINED REMISSION OFF-TREATMENT WAS ACHIEVED IN 25%



CI, confidence interval; CR, complete response; EFS, event-free survival; RFS, relapse-free survival; SROT, sustained remission off-treatment Lucchini E, et al. Br J Haematol. Published online Feb 22, 2021. doi: 10.1111/bjh.17334

CASE





Month



## **QUESTIONS AND CONCLUSIONS**



## THANK YOU



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